STUDY GUIDE - 2026

1ST YEAR MBBS- BATCH

Study Guide is a tool to facilitate and support students' learning, provide guidance and highlight required information to students. It aims to maximize the personal benefit each individual can attain from the academic program.

The Guide Provides:

- Information on organization and management of the academic year. This will help you contact the right individual in case you have any difficulty
- Course objectives which you will be expected to achieve at the end of each course
- Information on learning methods that you will experience during the course
- Learning resources available for the sessions. These include books, computer assisted learning programs, videos and others
- Information on the methods of assessment including formative and summative assessment

Curriculum Framework

- Students will experience *integrated curriculum* which will be horizontally integrated.

What is Integrated Curriculum?

- Integrated curriculum comprises of system-based modules such as foundation and blood which links basic science knowledge to clinical problems.
- Integrated teaching means that subjects are presented as a meaningful whole. Students will be able to have better understanding of basic sciences when they repeatedly learning relation to clinical examples.
- Case-based discussions, computer-based assignments, and skills acquisition in skills lab are characteristics of integrated teaching program

Academic Calendar for 1st Year MBBS

Events	From	To
Block-I (14+1 = 15)		
NUMS Starting Date	16 Feb 2026	
KIMS Starting, Duration of Block -I (03/15 Weeks)	16 Feb 2026	06 March 2026
Eid-ul-Fitr* Vacation (17 days)	**07 March 2026**	**23 March 2026**
Duration of Block -I (02/15 Weeks)	24 March 2026	01 April 2026
Sports week (01 Week)	**02 April 2026**	**06 April 2026**
Duration of Block -I (07/15 Weeks)	07 April 2026	22 May 2026
Eid-ul-Azha* and Summer Vacation (16 days)	**23 May 2026**	**07 June 2026**
Duration of Block -I (02/15 Weeks)	08 June 2026	21 June 2026
Block I Exam (01/15 week) *	**22 June 2026**	**28 June 2026**
Block-II (09+1=10)		
Duration of Block -II (09/10 Weeks)	29 June 2026	30 Aug 2026
Block II Exam (01/10 week) *	**31 Aug 2026**	**06 Sept 2026**
Block-III (9+1+2=12)		
Duration of Block -III (09/12 Weeks)	07 Sept 2026	08 Nov 2026
Block III Exam (01/12 week) *	**09 Nov 2026**	**15 Nov 2026**
Pre-Annual Exam (02/12 Weeks) *	**16 Nov 2026**	**29 Nov 2026**
Prep Leave for Annual (04/08 Weeks)	**30 Nov 2026**	**27 Dec 2026**
Annual Exam*	**28 Dec 2026**	

Holiday Calendar
Year 2026

EVENTS	DATE & DAY
Kashmir Solidarity Day	5th February, Wednesday
Jumma-Tul-Vida	20th March, Friday
Eid ul-Fitr	21st March – Saturday 22nd March – Sunday 23rd March – Monday
Pakistan Day	23rd March, Sunday
Labor Day	1st May, Thursday
Summer break	23rd May – 7th June
Eid ul-Adha	27th May – Wednesday 28th May – Thursday 29th May – Friday
Ashura	25th June- Thursday 26th June – Friday
Independence Day Of Pakistan	14th August, Friday
12 Rabiul Awal	25th August, Tuesday
Quaid-E-Azam's Birthday/Christmas Day	25th December, Friday

Departmental Teams

Team of Anatomy Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of Physiology Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of Biochemistry Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of General Medicine Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of General Surgery Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of Radiology Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of Research Methodology & EBM Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of Behavioural Sciences Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Communication Skills	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Leadership and Management	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Professionalism	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Quran Kareem	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Islamiyat	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Introduction to Computer	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Expository writing	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Co-curricular activities/sports	
Positions	**Name**
Head of the Department	

Subject Representative for 1st Year	

Strategies for Enhanced and Advanced Learning	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

Team of Medical Education Department	
Positions	**Name**
Head of the Department	
Subject Representative for 1st Year	

STUDY GUIDE COMPILED BY: Department of Medical Education

VISION

To be the best medical university by conducting world-class bio-medical research and creative research activities that develop knowledge and contribute to improving the health care system and social advancement for the people of Pakistan and benefit humanity as a whole with a standard of excellence

MISSION

KIMS aims to produce ethical, knowledgeable, skilled professionals, enhancing community health services, through leadership, evidence-based practice and innovative research.

PROGRAM OUTCOMES

1. Utilize knowledge of basic and clinical sciences for patient care.
2. Take appropriate decisions based on focused history, physical examination, and management plan for common health problems.
3. Demonstrate effective communication with patients, as part of a team and with other healthcare service providers.
4. Demonstrate professional behaviors that embodies lifelong learning by using self-directed learning skills.
5. Identify problems, critically review literature, conduct research and disseminate knowledge
6. Demonstrate leadership and management skills with other team members as per situational needs for quality health service.
7. Apply evidence-based practices for protecting, maintaining and promoting the health of individuals, families and community.

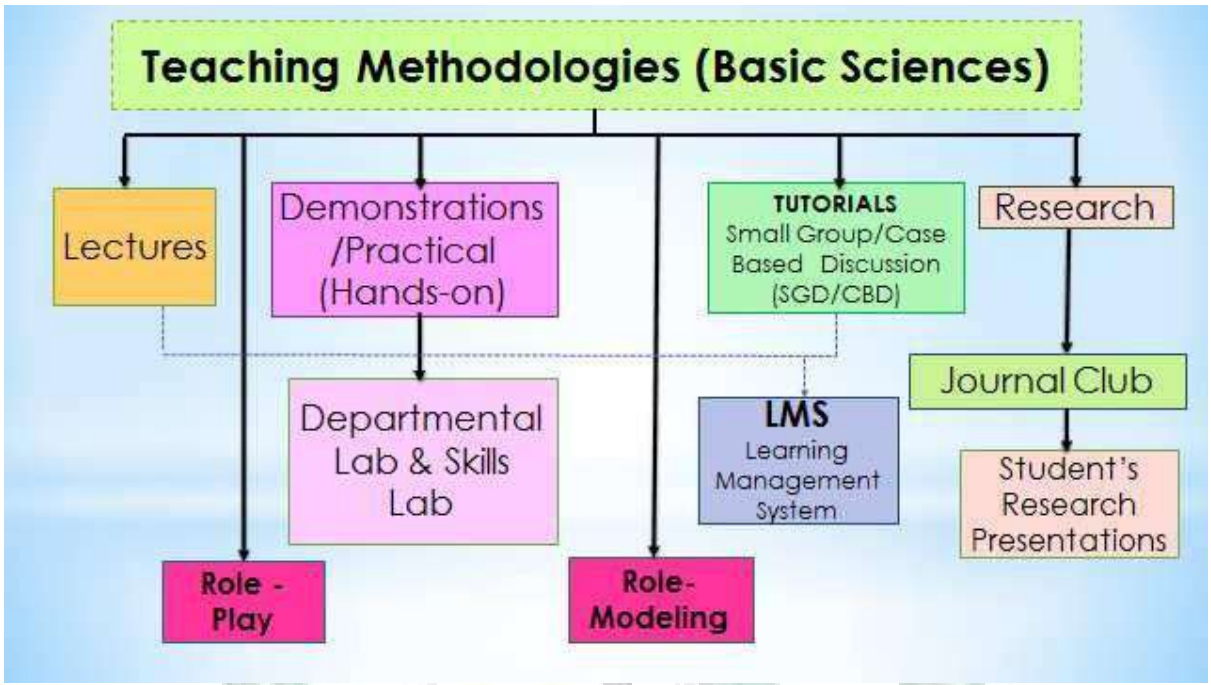
SEVEN STAR PMDC COMPETENCIES

The expected generic competencies in a medical graduate are grouped together under the umbrella of seven-star doctor and are as follows:

1. Knowledgeable
2. Skillful
3. Professional
4. Scholar & Researcher
5. Critical thinker
6. Leader & Role model
7. Community Health Promotor

A ‘seven-star doctor’ Pakistani medical graduate should be able to demonstrate various attributes as detailed under each competency. These attributes are minimum and not exhaustive by any means.

Teaching and Learning Methods



Learning Methodologies: The following teaching / learning methods are used to encourage self-directed learning of students
Interactive Lectures Theme- based learning Small Group Discussions (Tutorials/ Case- Based Learning) Practical Skills session e-Learning through LMS Self-Learning

Interactive Lecture

A student-centered teaching method that combines brief presentations with active learner participation through questioning, discussions, polls, or short activities. Unlike traditional lectures, interactive lectures aim to engage students, promote critical thinking, and enhance understanding by encouraging two-way communication between teacher and learners.

Small Group Discussions

Tutorial is a participative teaching learning method which promotes discussion and better understanding of a topic. Tutorial classes for medical students are imparted to develop and test their own ideas, clarify material presented in lectures, apply general concepts to the solution of specific problems, define new problems and seek solutions to them, hone problem-solving skills and encourage students in self-learning

Case based learning (CBL) is very similar to PBL, but focuses on specific patient cases to identify learning objectives. It is also taught using small groups with a tutor to guide group discussions. Uses real or simulated cases

CBL encourages critical thinking, problem-solving, and decision-making

Theme based Sessions (TBS) are integrated teaching sessions where multiple subjects are taught together around a single clinical theme (e.g., jaundice). They link basic sciences with clinical application, promoting holistic and contextual learning.

Self-Directed Learning (SDL)

A learning approach where the student takes responsibility for identifying learning needs, finding resources, and evaluating progress, with the teacher only as a facilitator.

Directed Self-Learning (DSL)

A modified form of SDL where the teacher guides the process by giving specific topics, resources, or questions, but students still learn on their own.

Practicals: A practical is a 'hand-on' class which allows you apply the theories you are learning in your course in practical situations. For example in a science course, practicals may include conducting experiments in a laboratory.

Skill Sessions: The aim of these sessions is to support students to develop skills and awareness of skills that have been identified to the workplace and successful recruitment.

Role-Play

Role play is a learning structure that allows students to immediately apply content as they are put in the role of a decision maker who must make a decision

regarding a policy, resource allocation, or some other outcome

Role-Modelling

Role modeling is a powerful teaching tool for passing on the knowledge, skills, and values of the medical profession, but its net effect on the behavior of students is often negative rather than positive

e-Learning through LMS

e-learning is web-based training delivered via the internet or a corporate intranet. A **learning management system (LMS)** is a software application or web-based technology used to plan, implement and assess a specific learning process.

Introduction to Learning Management System

A Learning Management System (LMS) is a web-based platform (also available as software application) which is designed to facilitate the delivery of educational content. LMS is used to streamline the learning process and manage educational resources efficiently.

Key features of LMS at KIMS include:

Lectures:

Content include lecture slides, recorded video lectures and YouTube links of related content (for animated videos).

Assessment and Evaluation:

LMS include quizzes, assessments, and assignments.

Automated grading and feedback help in evaluating the learners' progress.

Communication and Collaboration:

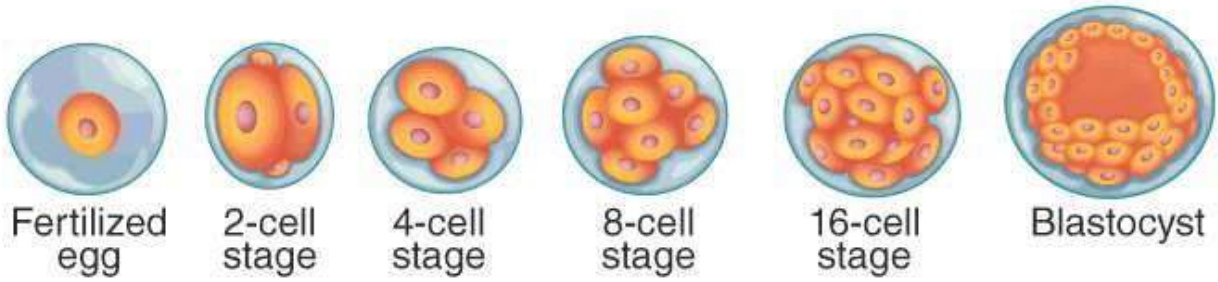
LMS include discussion forums to facilitate interaction between learners and instructors.

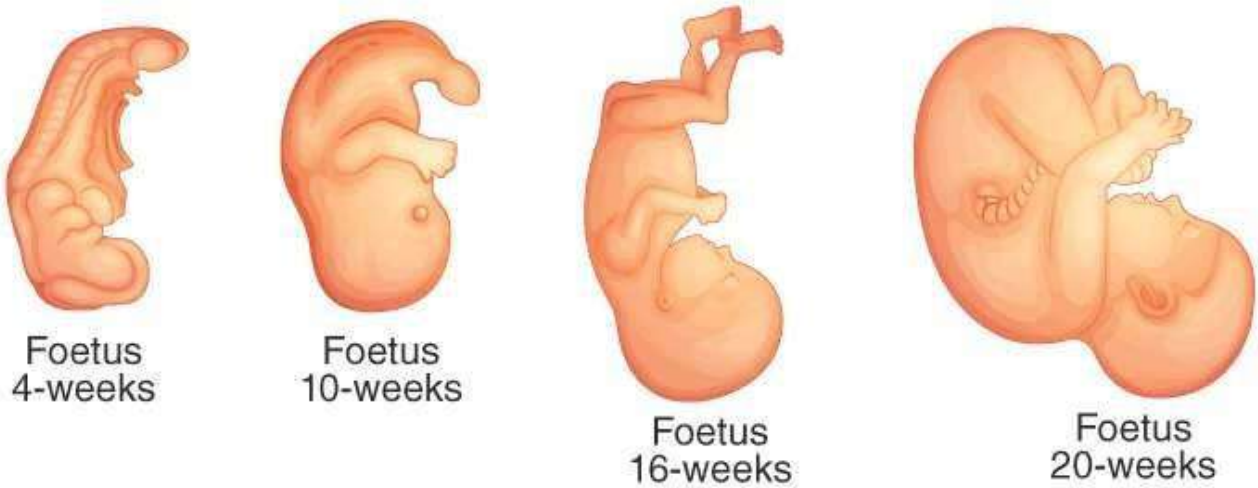
MBBS FIRST YEAR BLOCKS AND MODULES SEQUENCE

BLOCK	DURATION (WEEKS)	MODULES	WEEKS
I	15	I. Foundation – I	2 WEEKS
		II. Cell Structure & Functions	7 WEEKS
		III. MSK – I	5 WEEKS
		EOB	1 WEEK
II	10	I. Cardiovascular System – I	9 WEEKS
		EOB	1 WEEK
III	12	I. Respiratory System – I	4 WEEKS
		II. MSK – II	5 WEEKS
		III. EOB	1 WEEK
		Pre-annual	2 WEEKS

Total Study Weeks: 37 weeks

BLOCK -I


Fertilized egg
2-cell stage
4-cell stage
8-cell stage
16-cell stage
Blastocyst


Foetus 4-weeks
Foetus 10-weeks
Foetus 16-weeks
Foetus 20-weeks

MODULE – I

INTRODUCTION TO MEDICINE

Module name	Introduction To Medicine
Year	1st Year MBBS, Batch
Duration	2 weeks
Total Contact Hours	**Anatomy = hours** Lectures = Small group discussion = Practical = Demonstration=
	Physiology = hours Lectures = Small group discussion = Practical =
	Biochemistry = hours Lectures = Small group discussion = Practical =
	General Medicine = hours Lectures = Small group discussion = Skill sessions =
	General Surgery = hours Lectures = Small group discussion = Skill sessions =
	Radiology= hours Lectures = Small group discussion = Skill sessions =
	Research Methodology & EBM= hours Lectures = Small group discussion = Skill sessions/ Workshop =

	Behavioral Sciences= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Communication Skills= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Leadership & Management= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Professionalism= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Quran Kareem= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Islamiyat hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Introduction to Computer hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Expository Writing = hours Lectures = Small group discussion = Skill sessions/ Workshop =
Module Coordinator	
Year Coordinator	

Module Learning Outcome:

By the end of the module, students will be able to;

- Describe main concepts from each of the disciplines taught

Rationale

The Introduction to Medicine module is designed to familiarize first-year MBBS students with the foundations of the medical profession. Before progressing to advanced organ system modules, students need an orientation to the scope of medicine, the role of doctors, ethical principles, communication skills, and the importance of professionalism. This module provides the essential groundwork that will support and connect with concepts revisited throughout the MBBS curriculum, ensuring a smooth transition into more complex subjects.

ANATOMY

GENERAL ANATOMY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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GENERAL EMBRYOLOGY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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	GENERAL HISTOLOGY	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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HISTOLOGY PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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*Each Tutorial will be of ___ hours duration

PHYSIOLOGY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS*	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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BIOCHEMISTRY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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GENERAL MEDICINE

Topic	**Learning Objectives**	**Teaching Strategies**
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GENERAL SURGERY

Topic	**Learning Objectives**	**Teaching Strategies**
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BASIC OF RADIOLOGY

Topic	**Learning Objectives**	**Teaching Strategies**
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RESEARCH METHODOLOGY & EBM

Topic	**Learning Objectives**	**Teaching Strategies**
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SKILL SESSIONS

SKILL LAB		
Topic	**Learning Objectives**	**Teaching Strategies**
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THEME BASED SESSIONS

Topic	**Learning Objectives**

BEHAVIOURAL SCIENCES

Topic	**Learning Objectives**	**Teaching Strategies**
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COMMUNICATION SKILLS

Topic	**Learning Objectives**	**Teaching Strategies**

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LEADERSHIP & MANAGEMENT

Topic	**Learning Objectives**	**Teaching Strategies**
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PROFESSIONALISM

Topic	**Learning Objectives**	**Teaching Strategies**
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PAKISTAN STUDIES

Topic	Learning Objectives	Teaching Strategies
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QURAN KAREEM

Topic	**Learning Objectives**	**Teaching Strategies**
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ISLAMIYAT

Topic	**Learning Objectives**	**Teaching Strategies**
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INTRODUCTION TO COMPUTER

Topic	**Learning Objectives**	**Teaching Strategies**
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EXPOSITORY WRITING

Topic	**Learning Objectives**	**Teaching Strategies**
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STRATEGIES FOR ENHANCED AND ADVANCED LEARNING

Topic	**Learning Objectives**	**Teaching Strategies**
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CO-CURRICULAR ACTIVITIES/SPORTS

ACTIVITIES	**DETAILS**	**DATES**
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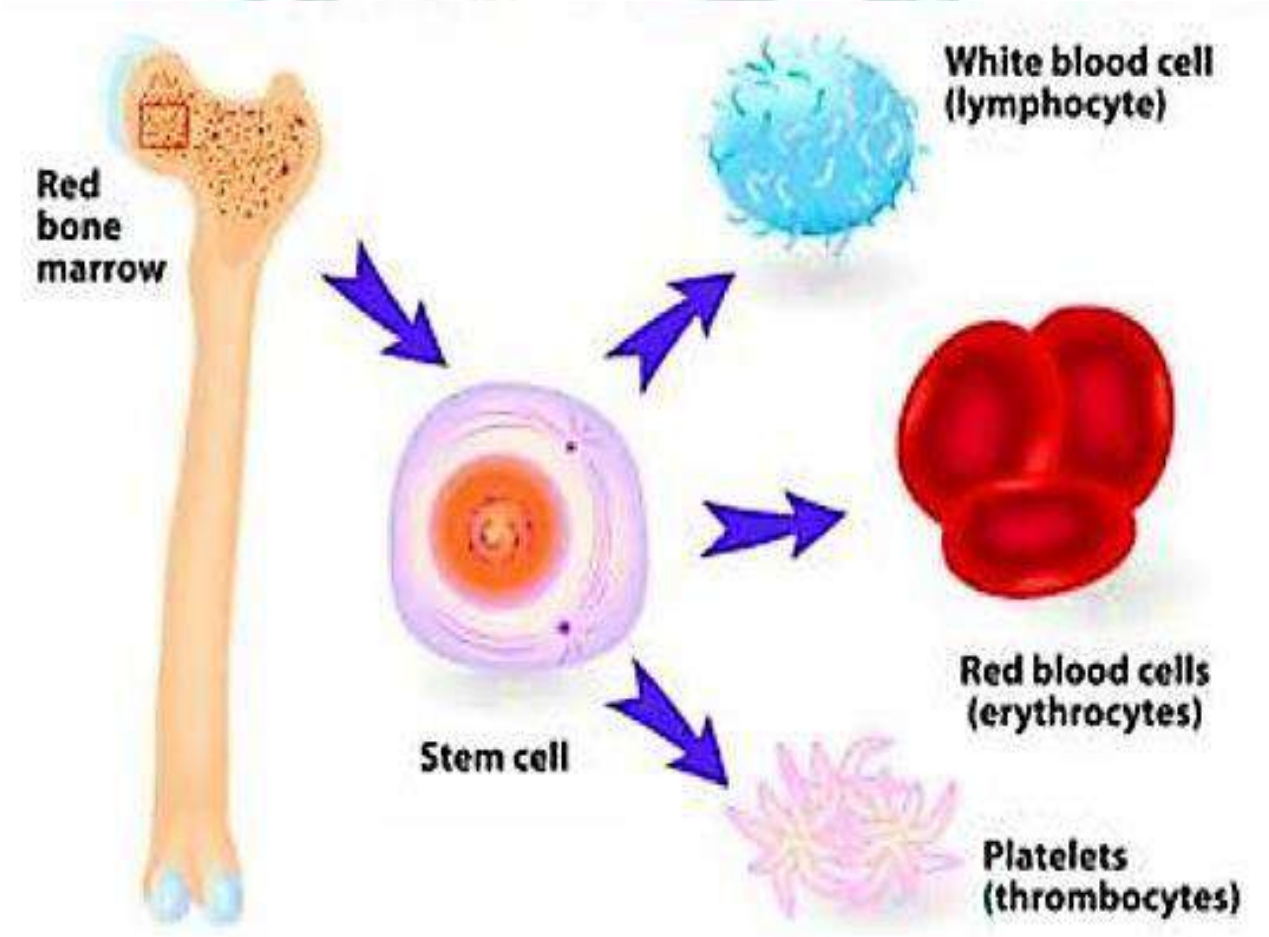
Module - II-I

CELL STRUCTURE & FUNCTIONS



Module name	Cell Structure & Function Module
Year	1st Year MBBS, Batch
Duration	7 weeks
Total Contact Hours	**Anatomy = hours** Lectures = Small group discussion = Practical = Demonstration=
	Physiology = hours Lectures = Small group discussion = Practical =
	Biochemistry = hours Lectures = Small group discussion = Practical =
	General Medicine = hours Lectures = Small group discussion = Skill sessions =
	General Surgery = hours Lectures = Small group discussion = Skill sessions =
	Radiology= hours Lectures = Small group discussion = Skill sessions =
	Research Methodology & EBM= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Behavioural Sciences= hours Lectures = Small group discussion = Skill sessions/ Workshop =

	Communication Skills= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Leadership & Management= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Professionalism= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Quran Kareem= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Islamiyat= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Introduction to Computer hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Expository Writing = hours Lectures = Small group discussion = Skill sessions/ Workshop =
Module Coordinator	
Year Coordinator	

Module Learning Outcome:

At the end of the module, students will be able to:

- Explain the structure and function of the cell and apply this knowledge to understand the cellular basis of health and disease.

Rationale:

The cell is the basic unit of life and the foundation for understanding all biological

processes. Many diseases originate from cellular dysfunction, such as genetic mutations, abnormal growth, or impaired organelle activity. This module equips students with essential knowledge of cell structure and function to build a strong basis for understanding disease mechanisms in a clinical context.

GENERAL ANATOMY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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GENERAL EMBRYOLOGY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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	GENERAL HISTOLOGY	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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HISTOLOGY PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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*Each Tutorial will be of ___ hours duration

PHYSIOLOGY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS*	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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BIOCHEMISTRY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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GENERAL MEDICINE

Topic	**Learning Objectives**	**Teaching Strategies**
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GENERAL SURGERY

Topic	Learning Objectives	Teaching Strategies
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BASIC OF RADIOLOGY

Topic	Learning Objectives	Teaching Strategies
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RESEARCH METHODOLOGY & EBM

Topic	Learning Objectives	Teaching Strategies
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SKILL SESSIONS

SKILL LAB		
Topic	**Learning Objectives**	**Teaching Strategies**
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THEME BASED SESSIONS

Topic	**Learning Objectives**

BEHAVIOURAL SCIENCES

Topic	**Learning Objectives**	**Teaching Strategies**
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COMMUNICATION SKILLS

Topic	**Learning Objectives**	**Teaching Strategies**

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LEADERSHIP & MANAGEMENT

Topic	**Learning Objectives**	**Teaching Strategies**
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PROFESSIONALISM

Topic	**Learning Objectives**	**Teaching Strategies**
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PAKISTAN STUDIES

Topic	Learning Objectives	Teaching Strategies
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QURAN KAREEM

Topic	**Learning Objectives**	**Teaching Strategies**
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ISLAMIYAT

Topic	**Learning Objectives**	**Teaching Strategies**
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INTRODUCTION TO COMPUTER

Topic	**Learning Objectives**	**Teaching Strategies**
	•	

EXPOSITORY WRITING

Topic	**Learning Objectives**	**Teaching Strategies**
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STRATEGIES FOR ENHANCED AND ADVANCED LEARNING

Topic	**Learning Objectives**	**Teaching Strategies**
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CO-CURRICULAR ACTIVITIES/SPORTS

ACTIVITIES	**DETAILS**	**DATES**
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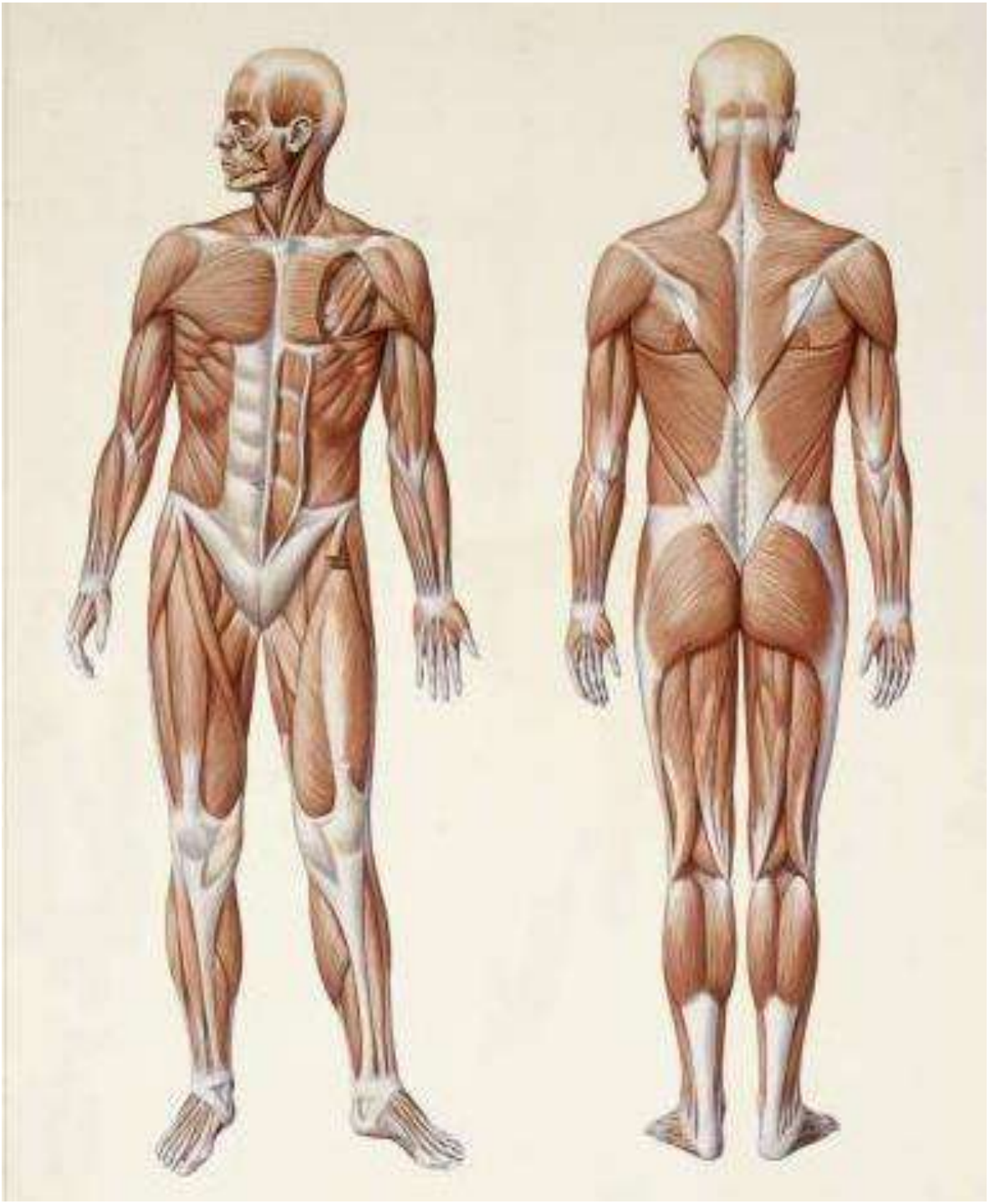
MSK-I Module



Module name	
Year	1st Year MBBS, Batch
Duration	5 weeks
Total Contact Hours	**Anatomy = hours** Lectures = Small group discussion = Practical = Demonstration=
	Physiology = hours Lectures = Small group discussion = Practical =
	Biochemistry = hours Lectures = Small group discussion = Practical =
	General Medicine = hours Lectures = Small group discussion = Skill sessions =
	General Surgery = hours Lectures = Small group discussion = Skill sessions =
	Radiology= hours Lectures = Small group discussion = Skill sessions =
	Research Methodology & EBM= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Behavioral Sciences= hours Lectures = Small group discussion = Skill sessions/ Workshop =

	Communication Skills= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Leadership & Management= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Professionalism= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Quran Kareem= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Islamiyat hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Introduction to Computer hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Expository Writing = hours Lectures = Small group discussion = Skill sessions/ Workshop =
Module Coordinator	
Year Coordinator	

Module Learning Outcome:

By the end of this module, students will be able to explain the normal structure and function of the musculoskeletal system as a foundation for understanding related disorders in later modules.

Rationale:

The Musculoskeletal – I module introduces students to the fundamental structure and

functions of bones, joints, and muscles. A clear understanding of normal anatomy and physiology is essential before exploring clinical conditions such as fractures, arthritis, and muscular disorders. This foundation will enable students to integrate basic sciences with clinical relevance and prepare them for more advanced musculoskeletal concepts in later modules.

curriculum, ensuring a smooth transition into more complex subjects.

ANATOMY

GENERAL ANATOMY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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GENERAL EMBRYOLOGY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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	GENERAL HISTOLOGY	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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HISTOLOGY PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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*Each Tutorial will be of ___ hours duration

PHYSIOLOGY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS*	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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BIOCHEMISTRY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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GENERAL MEDICINE

Topic	**Learning Objectives**	**Teaching Strategies**
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GENERAL SURGERY

Topic	Learning Objectives	Teaching Strategies
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BASIC OF RADIOLOGY

Topic	Learning Objectives	Teaching Strategies
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RESEARCH METHODOLOGY & EBM

Topic	Learning Objectives	Teaching Strategies
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SKILL SESSIONS

SKILL LAB		
Topic	**Learning Objectives**	**Teaching Strategies**
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THEME BASED SESSIONS

Topic	**Learning Objectives**

BEHAVIOURAL SCIENCES

Topic	**Learning Objectives**	**Teaching Strategies**
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COMMUNICATION SKILLS

Topic	**Learning Objectives**	**Teaching Strategies**

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LEADERSHIP & MANAGEMENT

Topic	**Learning Objectives**	**Teaching Strategies**
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PROFESSIONALISM

Topic	**Learning Objectives**	**Teaching Strategies**
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PAKISTAN STUDIES

Topic	Learning Objectives	Teaching Strategies
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QURAN KAREEM

Topic	**Learning Objectives**	**Teaching Strategies**
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ISLAMIYAT

Topic	**Learning Objectives**	**Teaching Strategies**
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INTRODUCTION TO COMPUTER

Topic	**Learning Objectives**	**Teaching Strategies**
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EXPOSITORY WRITING

Topic	**Learning Objectives**	**Teaching Strategies**
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STRATEGIES FOR ENHANCED AND ADVANCED LEARNING

Topic	**Learning Objectives**	**Teaching Strategies**
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CO-CURRICULAR ACTIVITIES/SPORTS

ACTIVITIES	**DETAILS**	**DATES**
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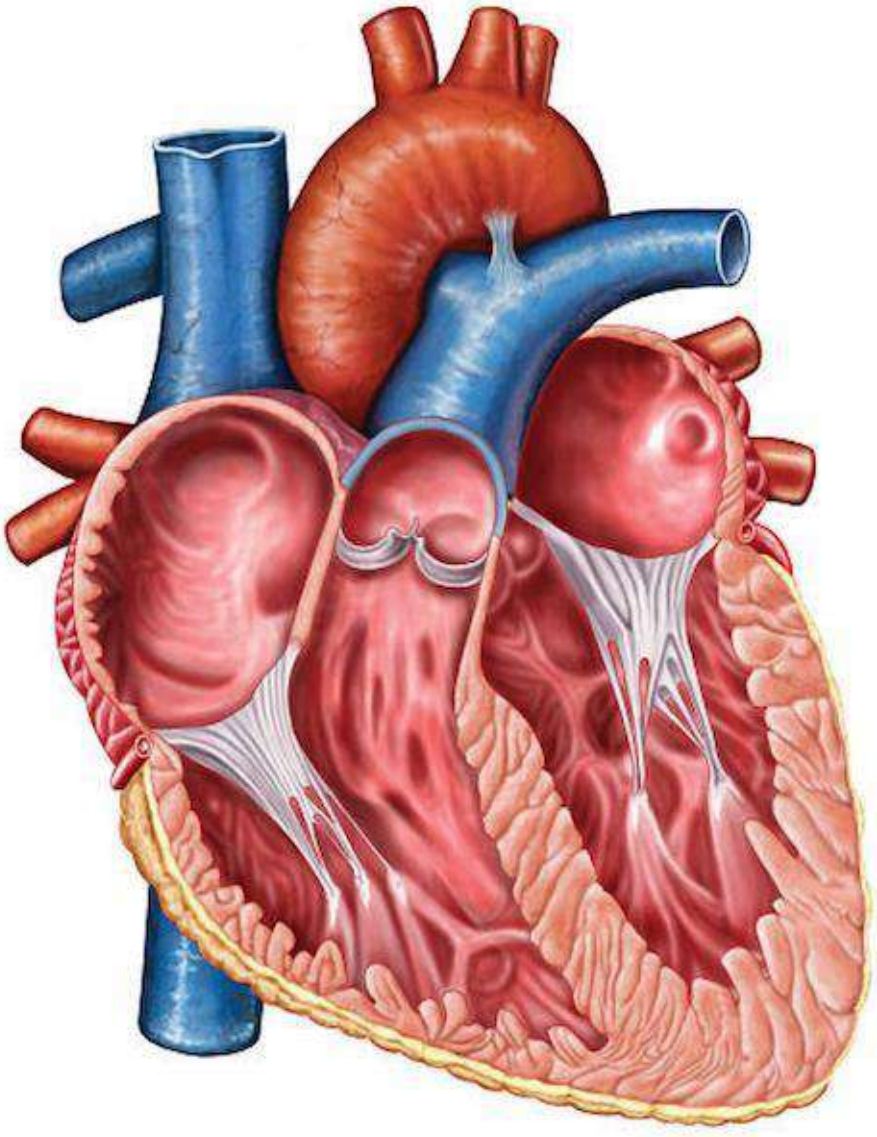
BLOCK -II

Cardiovascular-I Module



Module name	Cardiovascular-I Module
Year	1st Year MBBS, Batch
Duration	9 weeks
Total Contact Hours	**Anatomy = hours** Lectures = Small group discussion = Practical = Demonstration=
	Physiology = hours Lectures = Small group discussion = Practical =
	Biochemistry = hours Lectures = Small group discussion = Practical =
	General Medicine = hours Lectures = Small group discussion = Skill sessions =
	General Surgery = hours Lectures = Small group discussion = Skill sessions =
	Radiology= hours Lectures = Small group discussion = Skill sessions =
	Research Methodology & EBM= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Behavioral Sciences= hours Lectures = Small group discussion = Skill sessions/ Workshop =

	Communication Skills= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Leadership & Management= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Professionalism= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Quran Kareem= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Islamiyat hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Introduction to Computer hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Expository Writing = hours Lectures = Small group discussion = Skill sessions/ Workshop =
Module Coordinator	
Year Coordinator	

Module Learning Outcome:

By the end of the module, students will be able to;

- Apply basic sciences knowledge to understand the basis of common CVS disease problems.

Rationale:

CVS related morbidity and mortality in Pakistan are among the highest in the region. An in-depth understanding of managing CVS conditions is an essential part of expertise by our graduates. The country needs to offer safe health care delivery and produce safe general practitioners, especially those who can identify and provide initial management for CVS conditions. Hence it becomes imperative for institutions to provide detailed and clinically relevant information and skills to its student .

.ANATOMY

GENERAL ANATOMY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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GENERAL EMBRYOLOGY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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	GENERAL HISTOLOGY	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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HISTOLOGY PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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*Each Tutorial will be of ___ hours duration

PHYSIOLOGY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS*	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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BIOCHEMISTRY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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GENERAL MEDICINE

Topic	**Learning Objectives**	**Teaching Strategies**
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GENERAL SURGERY

Topic	**Learning Objectives**	**Teaching Strategies**
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BASIC OF RADIOLOGY

Topic	**Learning Objectives**	**Teaching Strategies**
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RESEARCH METHODOLOGY & EBM

Topic	**Learning Objectives**	**Teaching Strategies**
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SKILL SESSIONS

SKILL LAB		
Topic	**Learning Objectives**	**Teaching Strategies**
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THEME BASED SESSIONS

Topic	**Learning Objectives**

BEHAVIOURAL SCIENCES

Topic	**Learning Objectives**	**Teaching Strategies**
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COMMUNICATION SKILLS

Topic	Learning Objectives	Teaching Strategies
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LEADERSHIP & MANAGEMENT

Topic	**Learning Objectives**	**Teaching Strategies**
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PROFESSIONALISM

Topic	**Learning Objectives**	**Teaching Strategies**
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PAKISTAN STUDIES

Topic	Learning Objectives	Teaching Strategies
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QURAN KAREEM

Topic	Learning Objectives	Teaching Strategies
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ISLAMIYAT

Topic	Learning Objectives	Teaching Strategies
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INTRODUCTION TO COMPUTER

Topic	**Learning Objectives**	**Teaching Strategies**
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EXPOSITORY WRITING

Topic	**Learning Objectives**	**Teaching Strategies**
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STRATEGIES FOR ENHANCED AND ADVANCED LEARNING

Topic	**Learning Objectives**	**Teaching Strategies**
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CO-CURRICULAR ACTIVITIES/SPORTS

ACTIVITIES	**DETAILS**	**DATES**
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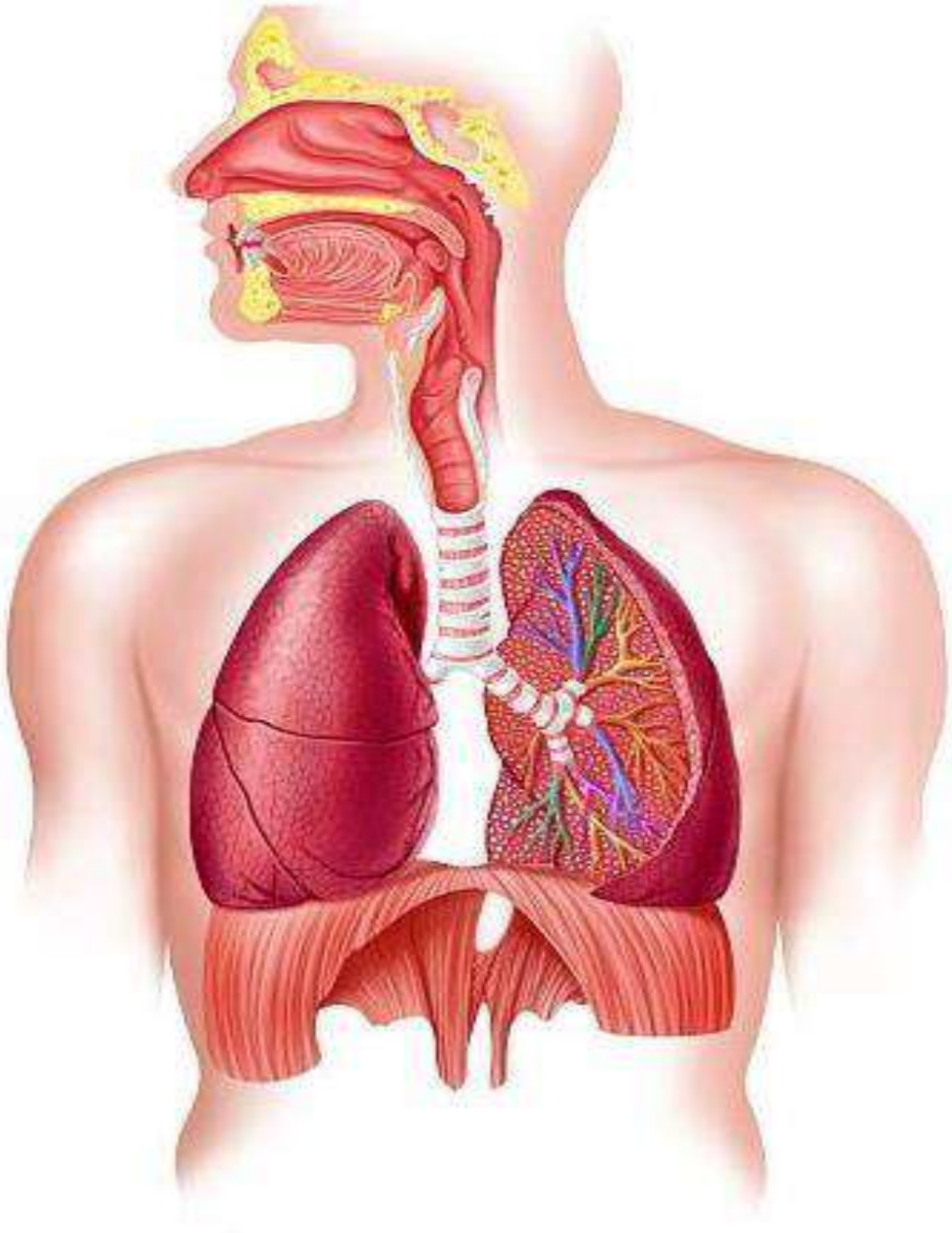
BLOCK – III

Respiratory-I Module



Module name	Respiratory System – I
Year	1st Year MBBS, Batch
Duration	4 weeks
Total Contact Hours	**Anatomy = hours** Lectures = Small group discussion = Practical = Demonstration=
	Physiology = hours Lectures = Small group discussion = Practical =
	Biochemistry = hours Lectures = Small group discussion = Practical =
	General Medicine = hours Lectures = Small group discussion = Skill sessions =
	General Surgery = hours Lectures = Small group discussion = Skill sessions =
	Radiology= hours Lectures = Small group discussion = Skill sessions =
	Research Methodology & EBM= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Behavioral Sciences= hours Lectures = Small group discussion = Skill sessions/ Workshop =

	Communication Skills= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Leadership & Management= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Professionalism= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Quran Kareem= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Islamiyat hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Introduction to Computer hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Expository Writing = hours Lectures = Small group discussion = Skill sessions/ Workshop =
Module Coordinator	
Year Coordinator	

Module Learning Outcome:

By the end of the module, students will be able to;

- Describe the development, structures and functions of various parts of the respiratory system.

Rationale:

Respiratory diseases are a major cause of morbidity and mortality globally as well as in Pakistan. Hence it becomes imperative for institutions to provide detailed and clinically relevant information related to the normal structure and function of the respiratory tract to its students. This will help the students to understand the basis of respiratory system-related disorders

ANATOMY

GENERAL ANATOMY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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GENERAL EMBRYOLOGY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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	GENERAL HISTOLOGY	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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HISTOLOGY PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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*Each Tutorial will be of ___ hours duration

PHYSIOLOGY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS*	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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BIOCHEMISTRY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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GENERAL MEDICINE

Topic	**Learning Objectives**	**Teaching Strategies**
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GENERAL SURGERY

Topic	Learning Objectives	Teaching Strategies
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BASIC OF RADIOLOGY

Topic	Learning Objectives	Teaching Strategies
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RESEARCH METHODOLOGY & EBM

Topic	Learning Objectives	Teaching Strategies
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SKILL SESSIONS

SKILL LAB		
Topic	**Learning Objectives**	**Teaching Strategies**
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THEME BASED SESSIONS

Topic	**Learning Objectives**

BEHAVIOURAL SCIENCES

Topic	**Learning Objectives**	**Teaching Strategies**
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COMMUNICATION SKILLS

Topic	**Learning Objectives**	**Teaching Strategies**

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LEADERSHIP & MANAGEMENT

Topic	**Learning Objectives**	**Teaching Strategies**
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PROFESSIONALISM

Topic	**Learning Objectives**	**Teaching Strategies**
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PAKISTAN STUDIES

Topic	**Learning Objectives**	**Teaching Strategies**

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QURAN KAREEM

Topic	**Learning Objectives**	**Teaching Strategies**
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ISLAMIYAT

Topic	**Learning Objectives**	**Teaching Strategies**
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INTRODUCTION TO COMPUTER

Topic	Learning Objectives	Teaching Strategies
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EXPOSITORY WRITING

Topic	**Learning Objectives**	**Teaching Strategies**
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STRATEGIES FOR ENHANCED AND ADVANCED LEARNING

Topic	**Learning Objectives**	**Teaching Strategies**
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CO-CURRICULAR ACTIVITIES/SPORTS

ACTIVITIES	**DETAILS**	**DATES**
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MSK -II Module

Module name	Musculoskeletal – II
Year	1st Year MBBS, Batch
Duration	5 weeks
Total Contact Hours	**Anatomy = hours** Lectures = Small group discussion = Practical = Demonstration=
	Physiology = hours Lectures = Small group discussion = Practical =
	Biochemistry = hours Lectures = Small group discussion = Practical =
	General Medicine = hours Lectures = Small group discussion = Skill sessions =
	General Surgery = hours Lectures = Small group discussion = Skill sessions =
	Radiology= hours Lectures = Small group discussion = Skill sessions =
	Research Methodology & EBM= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Behavioral Sciences= hours Lectures = Small group discussion = Skill sessions/ Workshop =

	Communication Skills= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Leadership & Management= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Professionalism= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Quran Kareem= hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Islamiyat hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Introduction to Computer hours Lectures = Small group discussion = Skill sessions/ Workshop =
	Expository Writing = hours Lectures = Small group discussion = Skill sessions/ Workshop =
Module Coordinator	
Year Coordinator	

Module Learning Outcome:

By the end of the module, students will be able to:
Describe the structure, development, and functions of the components of the musculoskeletal system, including bones, joints, and muscles of the limbs and back.

Rationale:

Musculoskeletal disorders are among the most common causes of disability and functional limitation worldwide. Understanding the normal anatomy, physiology, and biochemistry of the musculoskeletal system is essential for recognizing the basis of related diseases and injuries. This module builds on previous knowledge and provides a clinically oriented foundation for future study of musculoskeletal pathologies and rehabilitation.

ANATOMY

GENERAL ANATOMY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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GENERAL EMBRYOLOGY		
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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	GENERAL HISTOLOGY	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**	**Teaching Strategies**
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HISTOLOGY PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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*Each Tutorial will be of ___ hours duration

PHYSIOLOGY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS*	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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BIOCHEMISTRY

Topics of the Module	Objectives: By the end of the module the students will be able to:	Teaching Strategies
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PRACTICALS	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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SMALL GROUP DISCUSSION/ CASE BASED LEARNING	
Topics of the Module	**Objectives: By the end of the module the students will be able to:**
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GENERAL MEDICINE

Topic	**Learning Objectives**	**Teaching Strategies**
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GENERAL SURGERY

Topic	Learning Objectives	Teaching Strategies
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BASIC OF RADIOLOGY

Topic	Learning Objectives	Teaching Strategies
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RESEARCH METHODOLOGY & EBM

Topic	Learning Objectives	Teaching Strategies
	•	

SKILL SESSIONS

SKILL LAB		
Topic	**Learning Objectives**	**Teaching Strategies**
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THEME BASED SESSIONS

Topic	**Learning Objectives**

BEHAVIOURAL SCIENCES

Topic	**Learning Objectives**	**Teaching Strategies**
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COMMUNICATION SKILLS

Topic	**Learning Objectives**	**Teaching Strategies**

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LEADERSHIP & MANAGEMENT

Topic	**Learning Objectives**	**Teaching Strategies**
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PROFESSIONALISM

Topic	**Learning Objectives**	**Teaching Strategies**
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PAKISTAN STUDIES

Topic	**Learning Objectives**	**Teaching Strategies**

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QURAN KAREEM

Topic	**Learning Objectives**	**Teaching Strategies**
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ISLAMIYAT

Topic	**Learning Objectives**	**Teaching Strategies**
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INTRODUCTION TO COMPUTER

Topic	Learning Objectives	Teaching Strategies
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EXPOSITORY WRITING

Topic	**Learning Objectives**	**Teaching Strategies**
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STRATEGIES FOR ENHANCED AND ADVANCED LEARNING

Topic	**Learning Objectives**	**Teaching Strategies**
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CO-CURRICULAR ACTIVITIES/SPORTS

ACTIVITIES	**DETAILS**	**DATES**
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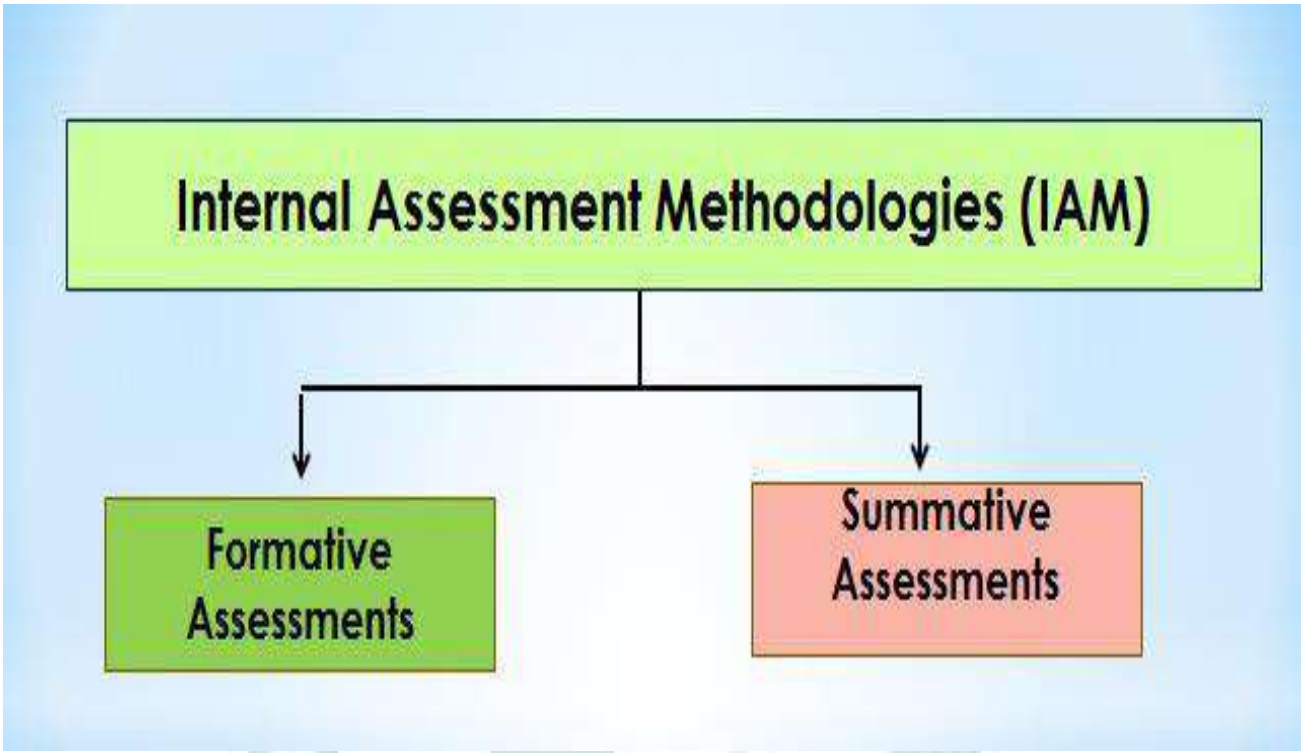
LEARNING RESOURCES

ANATOMY	**Text Books:**	**EMBRYOLOGY** •
	Text Books:	**HISTOLOGY** •
	Text Books:	**GROSSANATOMY** •
PHYSIOLOGY	**Text Books**	•
	Reference Books	•
BIOCHEMISTRY	**Text Books**	•
	Reference Books	•
General Medicine		•
General Surgery		•
Radiology		•
Research Methodology & EBM		•
Behavioural Sciences		•
Communication Skills		•
Leadership & Management		•

Professionalism		•
Quran Kareem		•
Islamiyat		•
Introduction to Computer		•
Expository Writing		•
Strategies for Enhanced and Advanced Learning		•
E-Learning Resource		
Learning Management System (LMS) Link		

EXAMINATION

Each student undergoes internal and external series of examinations at KIMS



Internal Assessment focuses on the process of learning. It gives priority to psychomotor and affective skills. Its results are usually immediately made known to the learner and discussed with him/her to make the process of learning better.

There are two types of internal assessments

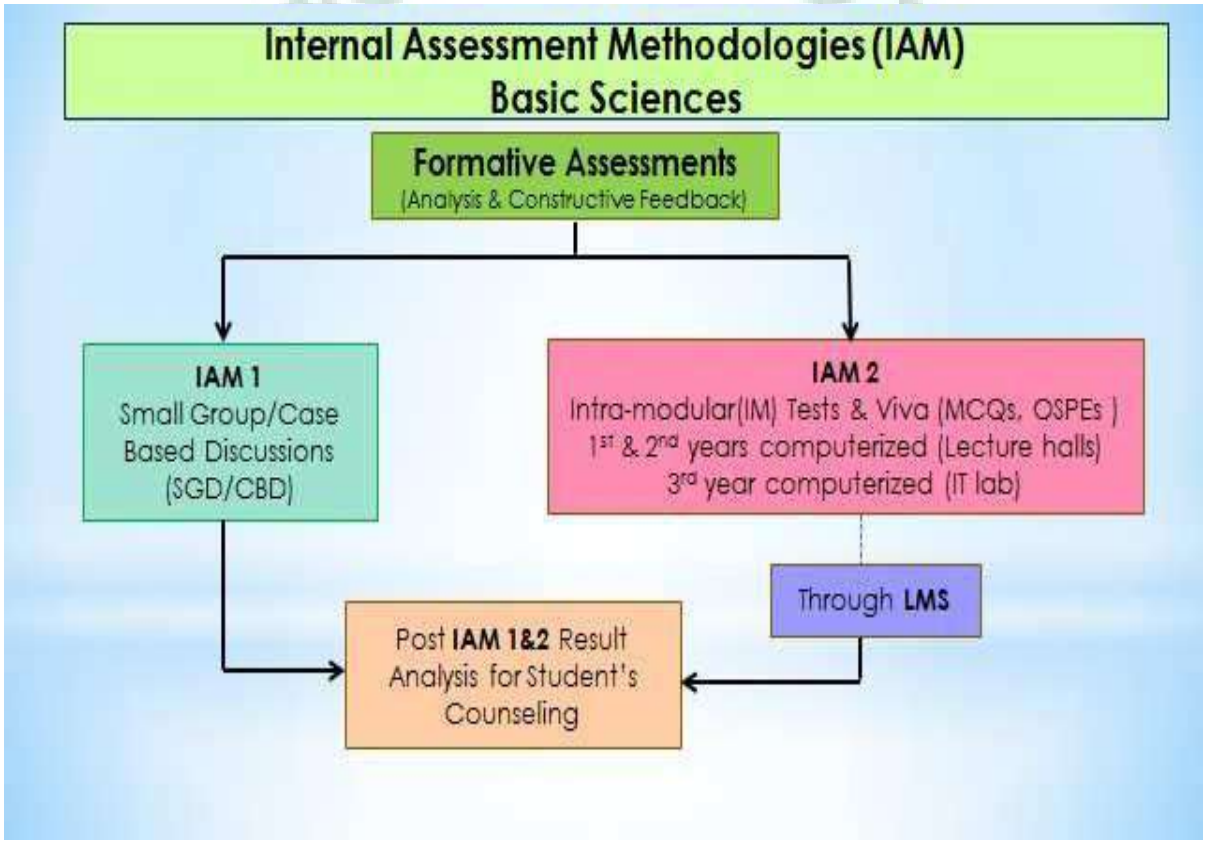
1. Formative Assessment
2. Summative Assessment

Formative Assessment

Formative assessment monitors students' learning and provides ongoing feedback that can be used by teachers to improve their teaching and by students to improve their learning.

They are meant to help students identify their strengths and weaknesses and target areas that need work.

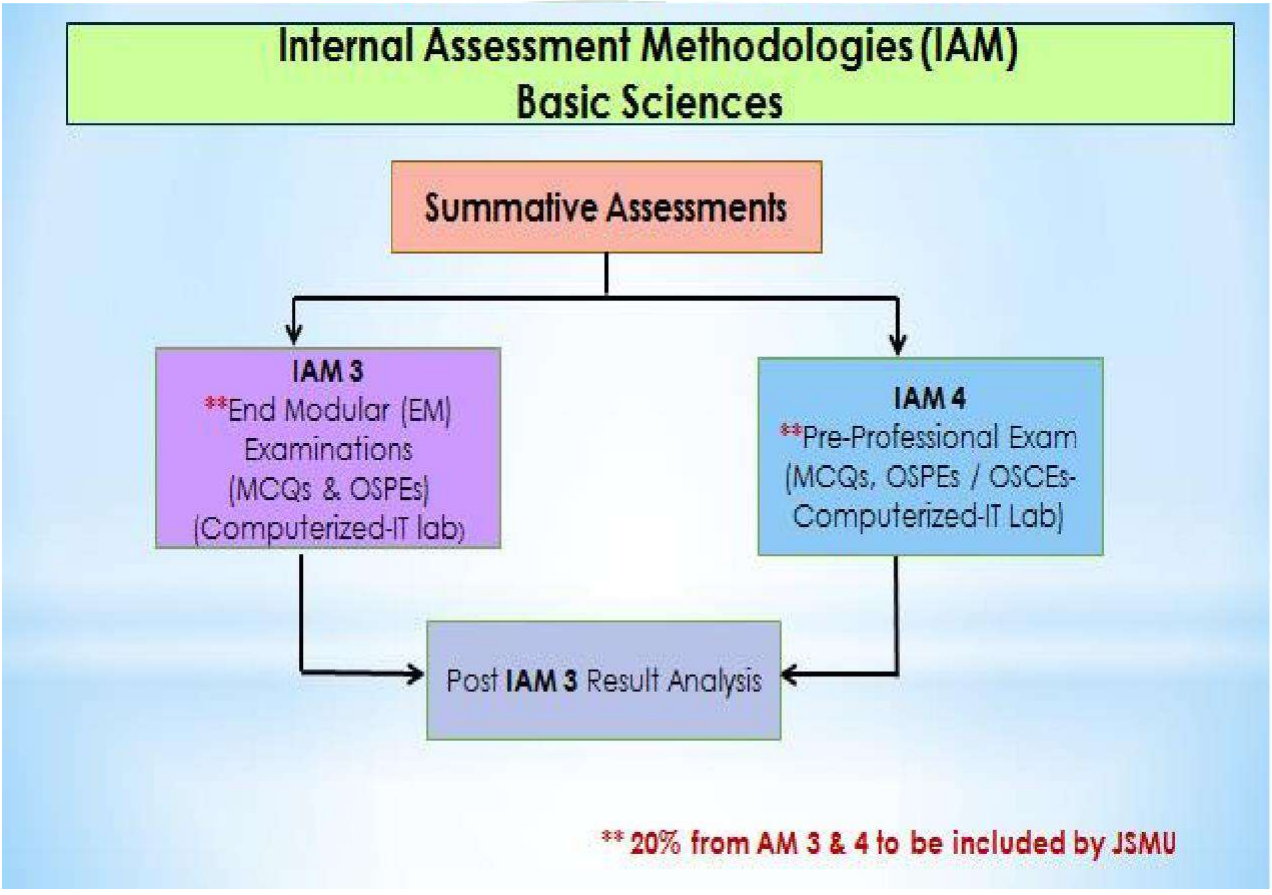
At KIMS students undergo series of written class tests (MCQs, Short Answer Questions), OSPE, Viva Exam and Journal Clubs to enhance their learning experiences.



Summative Assessment

The goal of summative assessment is to evaluate student learning at the end of a module by comparing it against some standard or benchmark. Summative assessments are counted in the internal assessment which carries 20% weightage of total exam marks.

All theory summative exams will be computer-based.



Summative/Continuous Assessment:

This will include:

1. Module Tests
2. Pre-Prof Examination

The college will send your continuous assessment marks directly to JSMU

Prof-Exam conducted by NUMS will include:

1. Theory paper of One Best Answer
2. OSPE Exam
3. Continuous Assessment results

FEEDBACK AND COUNSELING FACILITIES FOR STUDENTS

A. Senior faculty members of all departments are actively involved in resolving academic and non-academic issues of allocated students and carrier counseling.

B. Psychosocial counseling sessions (life skills) are regularly conducted by qualified student counselor

C. Individual students are also referred to the student counselor, if needed

Robust feedback systems

1. **Feedback on attendance**

Attendance report is forwarded to students and parents on daily basis

2. **Feedback on academic performance**

Academic performance reports are also regularly forwarded to students and parents. Moreover, individual students are given feedback on their academic performance during tutorials. MCQ and SEQ papers are also discussed with students in small groups.

3. **Parents of weak students are regularly contacted (PTM sessions)**

1. Students' feedback on assessment strategies will be taken in a preformed proforma for feedback twice a year i.e., Mid-term and pre-prof exams.

2. Feedback of theory as well as OSPE/OSCE & Viva will be taken.

3. Department of Medical Education & Quality Enhancement Cell in collaboration with Exam Cell of AIMI is responsible to conduct this exercise.